

# SPECIAL POINTS OF INTEREST:

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# COS Newsletter

VOLUME I ISSUE !

FEBRUARY, 2013

## Breaking Silence Through Sound

EOS does many incredible things for our troops, including donating all of our proceeds to Adopt-A-Solider-Platoon. However, community awareness of disorders is a big part of who they are as well. Many years ago, band member/singer, Theresa Wilson, took a minimum wage job just to pay her rent. She was a struggling music student and dance teacher. The job in which she obtained was an overnight shift at a non-for-profit agency, which fit perfectly in with her already hectic schedule. Her first day at work, she realized what she had signed up for; it was a group home with developmentally disabled adults. The shift work was

dancer and singer, less than acceptable. However, she showed up every day and cared as much as possible for the five ladies that lived in this home, though it was extremely challenging at times.

As time went on this job became more than just a pay check. The five ladies became like family, Theresa started working more, not because she had to or for the money, but because she knew when she was there they would have a better quality of life. These girls meant everything to her; however it made her curious of why they live

live in a group home and what would benefit them the most.

Through reading psychiatric and medical histories she learned that all of these beautiful, twenty-something year old girls, had no families and most, if not all, were institutionalized. This shook Theresa to her core and she made an oath to go above and beyond for these ladies and anyone else she would ever encounter with a developmental, cognitive or physical disability.

One summer evening, Theresa reported to her over night shift, as scheduled, (continued on pg 2)

### EOS Back in the Studio

EOS is working on their latest song from the extensive collection of work from Joe "Ciid" Birardi. Ciid has re - mastered his classic tune Shame On Me. His whole idea with EOS is the "Wall of Sound" with a large mix of many instruments and large vocals. He has applied this method to Shame On Me making an entirely new song all together. "It is amazing

to sit in the studio with Ciid and watch him work his magic!" states Bill Tuohy, Manager/Guitarist of EOS. "Every time I think Ciid has completed a song he surprises me the next day with a song that has more depth and feel."

EOS is working with Ciid on new material which will be out soon. Keep checking the EOS website

www.eosrocks.com for the new release of Shame On Me. EOS is sending all of their proceeds of downloads to Adopt-a-Soldier Platoon to support the men and women of the US Armed Forces. They are committed to those who fight for all Americans and our freedom.



Patti Ogletree with her 3 children Richie, Chandler, and Amelia

approximately midnight she heard middle C being played over and over again on a keyboard. "

#### EOS Vocalist Patti Ogletree Experiences Hurricane Sandy First Hand

Hi, my name is Patti Ogletree and I am a single mom of three wonderful children; Chandler who is 10, Richie who is 6 and Amelia who is 4! Although raising three children single handedly is a full time job I manage to find the time to participate in, as a vocalist, for the fantastic band known as EOS! I have been a part of EOS for 2 years now and love every minute of it, experiencing not only the awesome music but the comfort, comradery and closeness of the other band members, who have also become an extension of my family which I love. We have rocked the walls of the Jam Room, where we practice, as well as entertaining shows at The Stone Pony that benefit the troops who are fighting for our country. This experience has made me realize that I have a deep passion for what we do collectively and one reason is because my dad served in the Army for 26 years and retired as a CSM.

On September 15, 2012 I relocated my family to live in Manasquan, NJ on the beachfront, which was absolutely beautiful! The first few weeks were great; waking up in the morning and being able to walk out onto the beach and hearing

the waves crashing at night cradled me into a peaceful sleep. Unfortunately, that all came to an end on October 27, 2012 and all my hopes and dreams ceased to exist when I heard the devastating police announcement to evacuate the premises. Hurricane Sandy was about to hit us! We needed to be gone by 2:00 PM that day; if not there was no guarantee of being rescued! Having such short notice, all I could do is pack three bags of important items, gather the kids and head to my sister's house in Spring Lake Heights. It was, needless to say, very disturbing and devastating to hear and learn of the severity of the worst storm the east coast has ever encountered! There was no power; no phone, TV, or radio; stores were closed; gas stations had to ration! Life as we know it came to a halt! I was lost and didn't know what to do or how to handle losing the life that I had painfully built for my three children! I was shocked, like so many others, I wasn't allowed to go back to where My house was, for what seemed like an eternity! Afterward, I was able to get a pass to enter the area of destruction. It was like a scene from a movie, so horrifying and surreal! It was

heartbreaking to say the least and the thought of having to start my life all over again with my three children, by myself, was very overwhelming! Again, very dis turbing, devastating and depressing! It was extremely difficult to stay positive, especially for the kids but I was lucky enough to have a huge support system! Not only did friends and family help but my EOS band family played a huge part with my recovery! The band family members arranged and received awesome donations from Adopta- Soldier Platoon, which was a tremendous relief and help. Additionally, people from my high school, my children's' friends and even strangers donated to my cause. It has been an unbelievable relief as well as positively overwhelming at how people come together at the site of disaster.

This experience has renewed my faith in people and it just goes to show we do not live in a selfish world. I will continue to do my part as a woman, a mother, and of course as a singer. ROCK ON BABY!!!

### Breaking Silence through Sound

Continued from page 1

which began at eleven pm on a Thursday night. All of the beautiful ladies were peacefully sleeping and would stay that way, as usual, until Friday morning then off to school. This particular evening was different. At approximately midnight she heard middle C being played over and over again on a keyboard.

Theresa was startled as she has never seen a keyboard or even knew any of the ladies liked music. She wandered through the house until she found Cindy laying on her floor, stomach down, with all of her blankets removed from her bed and wrapped all around her, striking middle C, over and over and over again. Every few minutes she would stop and giggle, then continue

playing. Theresa stood by the door and just observed what was going on. Approximately a half an hour later Cindy stopped playing her stopped playing her keyboard and closed her eyes and fell asleep with her head resting on the speaker on the left side of the keyboard. She slept peacefully for the rest of the

evening, never moving off of her keyboard.

The next morning Theresa woke Cindy, along with the rest of the ladies, to begin their morning routine. Cindy was in her room picking out her clothing for the day, she had immaculate taste in clothing. Theresa asked Cindy where her keyboard went, because she did not see it on the floor anymore. To understand the severity of Cindy's (Continued on pg 3)

## EOS Rocks Out at the 14th Annual Motorcycle Charity Run for the Children's Hospital of New Jersey, Newark Beth Israel

It is the time of year when organizations and groups get together to help those who are in need. For fourteen years now Pat Jamokowski event organizer and the Police Departments of Harrison, Newark, Jersey City and the Blue Knights Motorcycle Club do their annual motorcycle run to

raise money for the Children's Hospital of New Jersey, Newark Beth Israel. This years event started at Vinnie's Bar and Grill in Harrison. All of the riders gathered here to set up for the run, see friends and to have a little breakfast before they head out. "It's a controlled chaos" states

Jamowkowski event coordinator. "We have a great turnout every year and I am very happy to see all of the riders who come out to support the kids!"

The precession of motorcycles, police motorcycle's, fire trucks, and Newark's Police Departments (continued on Pg 3)

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## Breaking Silence through Sound

disorder, it needs to be understood that Cindy is non-verbal and highly autistic. Cindy pointed under her bed, and then went back to picking out clothing. Theresa left the topic alone as Cindy did not seem interested in the conversation.

Weeks went by and the keyboard never returned, and Theresa never heard Cindy play middle C again. Until, one Thursday rolled around and Theresa reported to work. Cindy was awake when Theresa made rounds. Cindy was sitting on her bed with her eyes wide. Theresa asked to enter her room and permission was granted. Cindy pointed under her bed; Theresa got down on her

hands and knees and removed her kevboard out from her bed. Cindy continued to sit there and not make a peep, or even sign anything. Theresa waited for further instruction, but none ever came. After several minutes Theresa plugged in the keyboard to the wall, laid on her belly and began to play "Seasons of Love" from the musical Rent. Cindy closed her eyes tight and was swaying. Suddenly Theresa heard humming, and Cindy began to vocalize the melody. This was a break through, Cindy had never make a peep vocally before! Cindy climbed onto the floor and lay next to Theresa on her belly too. Cindy put her fingers over Theresa's fingers

and let Theresa's hand guide hers. They did this for several minutes, but Theresa soon realized it was getting very late and Cindy needed to go to school the next day.

From this moment forward Cindy played and hummed whatever her little fingers played. She would make up her own songs and notate them on staff paper in her own special way. Once Cindy took an interest in writing down her music, Theresa began to teach her how to read sheet music. Cindy successfully learned the names for the spaces and line on the staff and knew (Continued at the bottom)



EOS Vocalist Theresa Wilson

### EOS Rocks Out at the 14th Annual Motorcycle Charity Run for the Children's

#### Hospital of New Jersey, Newark Beth Israel (continued from page 2)

Mobile Command Unit make their way through the streets of Harrison and Newark and finally arriving at the Children's Hospital of New Jersey, Newark Beth Israel. After delivering toys and money the group returns to the Harrison-Newark Elks Club for food and drink and rock and roll.

When all of the riders returned EOS hit the stage. EOS put the Elks Club on a great roller coaster ride! From

the beginning with their thunder and lightning opener "Story to Tell" to the tributes such as "Stronger" EOS wowed the crowd! "We are honored to be a part of

"We are honored to be a part of this charity run" says Bill Tuohy, EOS Manager/Guitarist. "It's great being with people such as Pat (Jamokowski) who give back to the community."

Joe "Ciid" Birardi, EOS Musical Director/Guitarist has been friends with Pat Jamokowski for many years. "Pat and I go way back. When he told me he needed a band for the event I told him not to worry about it. I will take care of everything." Birardi has been know for his great generosity for past events especially for this and past motorcycle runs with Jamokowski. This was an amazing event. Be sure to put this on your calendar for next year. It is something you will not want to miss.

"We are honored to be a part of this charity run."

## Breaking Silence through Sound

where the keys were located on the piano. She was able to play what was on sheet music eventually. This took many, many years, but Cindy and Theresa had so much fun learning from one another. During the music lessons Theresa learned something too. Cindy was able to teach Theresa how to understand and communicate through sign language. Now Cindy and Theresa were able to communicate through language and music.

This story has changed Theresa and Cindy's life for the better. Cindy is able to communicate through spoken word now by stating simple sentences, all through learning speech through song. Theresa has altered her career since this moment and has gone on to run group homes all over the state of New Jersey for individuals of all shapes, sizes and ability. Theresa also has a new dream, thanks to Cindy, to become a music

therapist and help any and all through sound.

Cindy is one of the most amazing women anyone could ever meet. She is amongst a population of individuals who do not nearly get as much credit as they deserve. Cindy and her four other housemates are just five of the millions of people who suffer from disorders such as autism.

#### (Continued from above)

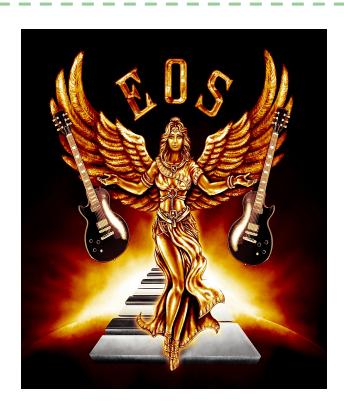
of the millions of people who suffer from disorders such as autism, Down syndrome, cerebral palsy, and many others.

Please join Theresa and the rest of EOS is breaking the negative stigmas that follow these men and woman.

#### **EOS Newsletter**

East Coast's Alternative Rock
Powerhouse Band
www.eosrocks.com
email: eosrocks@hotmail.com







Joining the Fire Fighters Assisting Armed Forces Families (FFAAFF) to have a super Super Bowl Party again at Walter Reed

By Alan Krutchkoff, President of Adopt-a-Soldier Platoon

We're partnering again with FFAAFF to make the Super Bowl Party at Walter Reed a big success for all our Wounded Heroes! This year, our **Benefactors at Unilever** Military Sales are making our contributions go much farther with a huge grant! Thanks to Kurt and the Military Sales Team there. We will be contributing some Kindle Fires, TRX kits and bringing our Veterans Liaison and Military Order of the **Purple Heart Service Pro**gram specialists to Bethesda to be on hand to help our Heroes. In addition, thanks to Unilever,



we are bringing the Washington Redskins Cheerleaders again (with a bunch of their famous calendars)! The folks at CBS Sports have given

us some hats. We're so excited!

Do you have access to any official NFL souvenirs or equipment? Now is the time to let us know! We are not only supporting the party at Walter Reed, but we are also supporting a party in AFG -- and we can use all the swag and goodies we can get for our Soldiers, Sailors, Marines and Airmen. For more information please go to

www.adoptasoldierplatoon.org